Dear Parents and Community Members

We have done many wonderful and interesting things at Raleigh this Term. Some of these have included starting our Sporting Schools program for sport on Monday’s and Friday’s, winning the Small Schools’ section at the Coffs Harbour Eisteddfod and singing at the Raleigh Urunga Nursing Home. We have travelled to Wooli to compete in the Small Schools’ Soccer Knockout and combined with other schools for the ‘Swag of Tales’ visiting performance, the Bellingen Reader’s Writer’s Festival and Small Schools’ NAIDOC day. We have raised money for the Asthma Foundation and Childhood Brain Tumour Research and had fun while doing it. Thank you to our wonderful students, families and staff who have made all of these things so successful!

Assembly Tomorrow
We look forward to seeing family and friends join us in the morning for our End of Term Assembly. We have a special guest, Mrs Jenny Murray joining us also. The assembly will start at 9.30am and will showcase the talents of our choirs and recorder group, officially launch the School Song and students will be presented with awards for the great things they have been doing. We hope to see you all there!

Kids in the Kitchen
This Thursday the whole school will be cooking hamburgers for Kids in the Kitchen. We will be having traditional beef burgers and our vegetarian option will be a Beet and Bean burger. Thank you to all of our students who have paid. Recipes on Page 3.

Rewards Afternoon
On Thursday afternoon after we finish Kids in the Kitchen and clean up, we will be having a movie afternoon. We have decided to watch ‘Snow Buddies’, which is rated G. We will have popcorn to enjoy. Children who would like to bring a pillow to lie on the floor with are most welcome.

Small Schools NAIDOC Day
Last Thursday Crossmaglen and Orama Public Schools joined us at Raleigh to participate in NAIDOC Day activities. Uncle Mark and Aunty Lani did some traditional dancing and showed us some artefacts and told stories about the traditional Aboriginal way of life. John McQueen discussed Aboriginal Symbolism and the students created sand art and we cooked Johnny Cakes with Mrs Meenahan in the 3-6M classroom. This was a fantastic day for students to experience working together and learning outside and inside the classroom. Thank you to everyone involved who made it a wonderful day.

“Raleigh Public School develops leadership, builds individual character and promotes social responsibility and respect for others within a safe and caring environment.”
Masonic Village Open Day
Thanks to our parents and grandparents who helped transport our students to the Raleigh Urunga Masonic Village last Friday. We had fun playing with the animals in the petting zoo, getting our faces painted and enjoyed a delicious sausage sandwich for lunch. Our Whole School Choir then sang for the residents and guests. Thank you to Mei for accompanying the choir and imparting her enthusiasm. What a great day!

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Major Excursion Instalments
A reminder the first instalment of $50 was due last Wednesday the 17th June for our major excursion to Sydney for Year 4-6. If you are having difficulty paying the instalments by the due date please contact the school to make alternate arrangements. The second instalment is due 22 July which is Week 2 next term.

Parent-Teacher Interviews
Last week your child’s Semester 1 reports were sent home. If you would like to have a meeting with your child’s teacher to discuss your child’s progress further please return the interview slip to school. The interviews are being held on Tuesday 21st July. If this date does not suit, please contact your child’s teacher to make an alternate time.

June Birthdays
We would like to wish Joey, Jacob and Wade a very Happy June Birthday. Thank you all for sharing your cake with us.

50 Nights Reading
Congratulations Orion for reaching 50 Nights Reading. Well Done!

Summerland House Farm
253 Wardell Rd, Alstonville NSW 2477
(02) 6628 0610.
Beet and Bean Burger

**Ingredients**
- 1 ½ tablespoons olive oil
- 1 small brown onion, finely chopped
- 1 carrot, peeled, coarsely grated
- 1 small beetroot, peeled, coarsely grated
- 750g can four bean mix, rinsed and drained
- ½ cup (loosely packed) fresh coriander leaves
- 2 Tablespoons of breadcrumbs

**Method**
Heat 2 teaspoons of the oil in a non-stick frying pan over medium heat. Add onion and cook, stirring, for 5 minutes or until softened. Add carrot and beetroot and cook for 2 minutes. Process bean mix and coriander in a food processor until coarsely chopped. Place onion mixture, bean mixture and breadcrumbs in a bowl. Use hands to mix until combined. Shape into 4 flat patties. Place extra breadcrumbs on a plate. Press patties to lightly coat. Heat remaining oil in a large frying pan over medium-high heat. Add patties and cook for 3-4 minutes each side until golden. Transfer to paper towel and drain. Top roll bases with patties and salad of your choice. Sandwich with roll tops.

Beef and Cheese Burgers

**Ingredients**
- 400g beef mince
- 1 medium brown onion, grated
- 1 garlic clove, crushed
- 1 tablespoon tomato sauce
- 1 egg, lightly beaten
- 4 rolls
- 4 slices reduced-fat cheese

**Method**
Place mince, onion, garlic gherkin, tomato sauce and egg in a large bowl. Season with salt and pepper. Mix to combine. Roll mixture to make 4 balls. Flatten slightly. Place on a large plate. Cover with plastic wrap. Refrigerate for 30 minutes. Heat barbecue plate on medium-high heat. Cook patties for 3-4 minutes each side until cooked through. Meanwhile, reheat grill on medium. Cut each bun in half horizontally. Place halves, cut-side up, on a baking tray. Place patties on bottom half of buns. Top with one piece of cheese. Cook for 2-3 minutes or until buns are golden and cheese has melted. Top mince patties with tomato sauce and American mustard. Sandwich with bun tops. Serve.
Road safety - Your child’s safety depends on you

When Driving:
Make sure your children are in an appropriate child car seat that is fitted and used correctly.
Make a rule that every child passenger must be securely buckled into a seatbelt or child car seat before you start the car.
A sleeping child must remain firmly buckled up while the car is in motion.

Always give way to pedestrians particularly when entering and leaving driveways.
It’s safest for children to get out of the car on the kerb side of the road to be away from passing traffic.

When Walking:
Always hold your child’s hand. Children need your help to spot dangers such as vehicles coming out of driveways. They can also be easily distracted and wander into traffic.

Talk with your children about Stop, Look, Listen and Think every time they cross the road.
STOP! one step back from the kerb.
LOOK! for traffic to your right left and right again.
LISTEN! for the sounds of approaching traffic.
THINK! whether it is safe to cross.

When Cycling or Using Scooters, Skateboards or Rollerblades

Your child must wear a helmet when riding a bike in any public place – it’s the law.

Your child’s helmet must comply with the Australian and New Zealand Standards. It must be securely fitted and fastened on their head.

Check that your child wears a bicycle helmet whenever playing or riding on wheels – bikes, foot scooters, roller skates, skateboards or rollerblades. The helmet should be firmly buckled so it fits without wobbling or slipping to the sides. It must protect the forehead.

Although children quickly learn to pedal, steer and brake, they are not ready to cycle near traffic or on the road.

Children under 12 and adult riders accompanying and supervising them may ride on the footpath, unless there are signs specifically prohibiting cycling.

When riding on the footpath, cyclists must keep to the left and give way to pedestrians. Children need to take special care at driveways where vehicles may be driving in or out. At intersections, children must dismount and wheel the bicycle across the road as a pedestrian, following the ‘STOP! LOOK! LISTEN! THINK!’ procedure.